

The Spine and Wellness Facial Intake Form

First Name: _____ Last Name: _____ DOB: _____

Address: _____ City: _____ St: _____ Zip: _____

Home #: _____ Cell#: _____

Work#: _____ Email: _____

Emergency Contact: _____ Phone#: _____

Whom May we thank for referring you: _____

Physician: _____

Exposure to the sun (please circle): never / light / moderate / excessive

What is your sunscreen regimen? _____

How do you prefer to get skin color? Sunbathe Self-Tanning Tanning Bed Nothing

How would you describe your skin? Normal to oily Normal to Dry Extremely Oily
 Extremely Dry Acne Combination

Do you experience? Flakiness Tightness Redness
 Excessive oily shine during the day

What type of foundation do you wear? liquid Powder Cream None

How does your skin heal? Fast Pigments Scars heals poorly

Do you bruise easily? Yes / no

Any personal or family history of cancer? Yes / no

Do you take care of your skin at home? Yes / no

Please describe: _____

Is this your first skin care treatment? Yes / no If no, what have you liked about previous treatments? _____

Do you smoke? yes / no If yes, specify daily amount:

Do you have (circle all that apply): epilepsy heart condition pacemaker skin cancer
diabetes metal pins/plates skin diseases recent operations allergy to aspirin

Have you used Accutane in the past 12 months? yes / no

Have you used Retin-A in the past month? yes / no

Have you used any other oral/topical skin medications in the past 6 months? yes / no

If yes, please describe: _____

Do you have: allergies to latex? yes / no allergies to skin care products? yes / no Please list: _____

Are you currently on any medications? yes / no Please list: _____

Have you ever suffered from claustrophobia? yes / no

Women only Are you (circle all that apply) pregnant, trying to become pregnant, not pregnant
Taking Oral Contraceptives, Taking Hormone Replacements

Men only Do you suffer from Ingrown facial hairs yes / no Experience Razor Burn yes / no

Please circle if you are affected by or have any of the following:

Asthma, Fever blisters, Hysterectomy, Sinus Problems, Cardiac Problems, Headaches-chronic, Skin Disease, Immune Disorders, Depression, Anxiety, Hepatitis, Lupus, Eczema, Herpes, Epilepsy, High Blood Pressure, Pace Maker, Metal bone, pins or plates
Please explain above problems or list any other significant issues.

How would you describe your overall health?

Excellent Good Fair Poor

Have you ever had a reaction to?

Cosmetics Metals Medication Food Fragrance Other _____

My treatment goals for each area are:

1. _____

2. _____

3. _____

Is there anything else that we should be aware of before we start working together on improving your skin? _____

My top 3 areas of concern are:

This form is completely confidential. Completion of this form gives a general state of health and assists our specialist in directing a customized course of treatment for you.

The information I have provided about my medical history is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any existing or past health condition.

Patient Signature

Date

Technician Signature

Date

